

I want to tell you

I want to tell you how my notes app knows more about me than my therapist does
I have to write down every flash of identity that comes to me Every philosophy and metaphor
Every label
Before I continue floating
No adjectives attached

Who am I then?

I want to tell you about the 24 years of practice I have calculating every action, every word Sculpting the "self" you see, the "me" that you see So that others don't think about me what I think about myself

Is that manipulation? Is that wrong?

I want to tell you my story without careful curation All of the details of my trauma Which together make up the only "me" I've ever known.

Is that even me?

The problem is
I don't know either
It hurts too much to think about

And I'm scared of what you would think

text by Alexa Letourneau

The Things I Want to Tell You

for soprano, cello, and percussion (vibraphone and buk or similar leather drum)

Alexa Letourneau

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Hairpins with a circled tip indicate to or from niente



Open rectangle notehead indicates non-pitched sound produced by extremely slow bow speed



Closed rectangle notehead indicates non-specific pitch



Glissando lines with harmonic circles indicate open harmonic glissandi, moving up and down the string with harmonic pressure; no specific pitches are expected



Solid black mark above vocal staff indicates adding vocal fry



Solid black above the cello staff indicates overpressure



Backwards line indicates ingressive (inhaling) singing



Triangle fermatas indicate a relatively short pause



Plus indicates left hand pizzicato

Throughout all meter changes, the eighth note remains consistent, except where marked

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words and music by Alexa Letourneau



















































